



K-12 Learning Resources

Resource	Grade Level	Number of Lessons	Lesson Length/ Total Time	Topics Addressed	Curriculum Fit
Elementary School					
WORD Force - A Literacy Adventure	K-2	15	10 min/varies	<ul style="list-style-type: none"> Letter Sounds, Spelling Vocabulary 	ELA/Reading
Healthier Me - Elementary School	1-4	2	10 min/30 min	<ul style="list-style-type: none"> Basic Food Groups Well-Balanced Meals, Healthy Habits 	Health/ Counseling
The Compassion Project	2-4	3	30 min/1.5 hrs	<ul style="list-style-type: none"> Empathy & Compassion Mindfulness & Growth Mindset 	Health/ Counseling
Summer Slugger	4-5	36	10 min/6 hrs	<ul style="list-style-type: none"> Reading Comprehension & Vocabulary Math Concepts 	Reading/ Math
Future Goals: Hockey Scholar	4-7	12	25 min/5 hrs	<ul style="list-style-type: none"> Real-World Math & Science STEM Careers 	Math/Science
Vault: Understanding Money	4-6	5	15 min/1.5 hrs	<ul style="list-style-type: none"> Responsible Decision Making Income, Careers, Credit & Budgeting 	Social Studies/Math
Middle School					
Ignition: Digital Wellness & Safety	6-8	6	30 min/3 hrs	<ul style="list-style-type: none"> Safety & Privacy Screen Time vs. Online Time Evaluating Content 	English/ Advisory/ Computers
Healthier Me - Middle School	6-8	1	30 min	<ul style="list-style-type: none"> Basic Food Groups Well-Balanced Meals Nutrition Labels 	Health/ Advisory
Character Playbook	7-9	6	20 min/2 hrs	<ul style="list-style-type: none"> Managing Emotions Communicating Effectively Resolving Conflicts 	Advisory/ Counseling
FutureSmart	6-8	6	20 min/2 hrs	<ul style="list-style-type: none"> Financial Values and Goals Budgets & Opportunity Cost Risk vs. Return 	Social Studies/ Math/CTE
Endeavor: STEM Career Exploration	6-9	6	25 min/2.5 hrs	<ul style="list-style-type: none"> Engineering Design Process Interpreting & Analyzing Data Exposure to STEM Careers 	Counseling/ STEM/CTE
Sustainability Foundations	5-8	1	15 min	<ul style="list-style-type: none"> Humans & the Environment My Choices & The Environment 	Science
Plants, Animals, and Our World	5-8	4	10 min/40 min	<ul style="list-style-type: none"> Biodiversity & Climate Change Human Health & Animal Welfare 	Science

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High School					
Venture	7-10	4	25 min/2 hrs	<ul style="list-style-type: none"> • Entrepreneurial Mindset • Building & Managing a Business 	CTE
Honor Code: Beyond Bullying	8-10	5	15 min/1.5 hrs	<ul style="list-style-type: none"> • Relationships & Leadership • Resilience & Courage 	Advisory/ Counseling
Mental Wellness Basics	8-10	4	20 min/75 min	<ul style="list-style-type: none"> • Mental Health & Coping Strategies • Symptoms, Disorders & Illnesses 	Health/PE/ Counseling
Vaping: Know the truth	8-12	4	10 min/40 min	<ul style="list-style-type: none"> • The Dangers of Vaping & Nicotine • Refusal Skills & Resources to Quit 	Advisory/ Health
Prescription Drug Safety	8-12	6	10 min/1 hr	<ul style="list-style-type: none"> • Prescription Drug Basics • Science of Addiction & Refusal Skills 	Health/PE/ Counseling
AlcoholEdu	9-12	5	25 min/3 hrs	<ul style="list-style-type: none"> • Alcohol & The Brain • Drinking Laws & Common Myths 	Health/PE/ Counseling
Healthcare Literacy Courses	9-12	2 courses, 4 total lessons	15 min/1 hr	<ul style="list-style-type: none"> • Making Healthy Choices • Navigating Medical Care 	Health/PE/ FACS/CTE
EVERFI: Financial Literacy	9-12	7	25 min/4 hrs	<ul style="list-style-type: none"> • Credit Cards, Interest Rates, & Taxes • Income, Saving, & Budgeting 	Economics/ Finance/CTE
Marketplaces: Investing Basics	9-12	5	20 min/60 min	<ul style="list-style-type: none"> • The Markets & Personal Investments • The Economy & Government 	Economics/ Finance/CTE
Money Moves: Modern Banking & Identity Protection	9-12	4	20 min/75 min	<ul style="list-style-type: none"> • Digital Banking & Cash Apps • Avoiding Identity Theft & Fraud 	Economics/ Finance/CTE
Pathways: Financing Higher Education	9-12	5	15 min/70 min	<ul style="list-style-type: none"> • The True Cost of College • Student Loans & Financial Aid 	Counseling/ Econ/CTE
Data Science Foundations	9-12	2 courses, 6 total lessons	15-30 min/2.5 hrs	<ul style="list-style-type: none"> • Data Science Career Exploration • Using Data to Detect Banking Fraud 	Econ/Math/ CTE
Keys To Your Future	9-12	6	20 min/2 hrs	<ul style="list-style-type: none"> • Exploring Career Paths • Soft Skills for Career Success 	Advisory/ CTE
306: African American History	8-12	15	10 min/2 hrs	<ul style="list-style-type: none"> • Key Events, Individuals and Periods in African-American History 	Social Studies
306: Continuing the Story	8-12	4	15 min/1 hr	<ul style="list-style-type: none"> • Black Business Titans • Black Contributions to Medicine 	Social Studies
BINAH: Building Insights to Navigate Antisemitism & Hate	9-12	3	10 min/30 min	<ul style="list-style-type: none"> • Antisemitic Acts - Then & Now • Discrimination & Allyship 	Social Studies

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