



# K-12 Learning Resources

Resource	Grade Level	Number of Lessons	Lesson Length/ Total Time	Topics Addressed	Curriculum Fit
<b>Elementary School</b>					
<b>WORD Force - A Literacy Adventure</b>	K-2	15	10 min/varies	<ul style="list-style-type: none"> <li>Letter Sounds, Spelling</li> <li>Vocabulary</li> </ul>	ELA/Reading
<b>Healthier Me - Elementary School</b>	1-4	2	10 min/30 min	<ul style="list-style-type: none"> <li>Basic Food Groups</li> <li>Well-Balanced Meals, Healthy Habits</li> </ul>	Health/ Counseling
<b>The Compassion Project</b>	2-4	3	30 min/1.5 hrs	<ul style="list-style-type: none"> <li>Empathy &amp; Compassion</li> <li>Mindfulness &amp; Growth Mindset</li> </ul>	Health/ Counseling
<b>Summer Slugger</b>	4-5	36	10 min/6 hrs	<ul style="list-style-type: none"> <li>Reading Comprehension &amp; Vocabulary</li> <li>Math Concepts</li> </ul>	Reading/ Math
<b>Future Goals: Hockey Scholar</b>	4-7	12	25 min/5 hrs	<ul style="list-style-type: none"> <li>Real-World Math &amp; Science</li> <li>STEM Careers</li> </ul>	Math/Science
<b>Vault: Understanding Money</b>	4-6	5	15 min/1.5 hrs	<ul style="list-style-type: none"> <li>Responsible Decision Making</li> <li>Income, Careers, Credit &amp; Budgeting</li> </ul>	Social Studies/Math
<b>Middle School</b>					
<b>Ignition: Digital Wellness &amp; Safety</b>	6-8	6	30 min/3 hrs	<ul style="list-style-type: none"> <li>Safety &amp; Privacy</li> <li>Screen Time vs. Online Time</li> <li>Evaluating Content</li> </ul>	English/ Advisory/ Computers
<b>Healthier Me - Middle School</b>	6-8	1	30 min	<ul style="list-style-type: none"> <li>Basic Food Groups</li> <li>Well-Balanced Meals</li> <li>Nutrition Labels</li> </ul>	Health/ Advisory
<b>Character Playbook</b>	7-9	6	20 min/2 hrs	<ul style="list-style-type: none"> <li>Managing Emotions</li> <li>Communicating Effectively</li> <li>Resolving Conflicts</li> </ul>	Advisory/ Counseling
<b>FutureSmart</b>	6-8	6	20 min/2 hrs	<ul style="list-style-type: none"> <li>Financial Values and Goals</li> <li>Budgets &amp; Opportunity Cost</li> <li>Risk vs. Return</li> </ul>	Social Studies/ Math/CTE
<b>Endeavor: STEM Career Exploration</b>	6-9	6	25 min/2.5 hrs	<ul style="list-style-type: none"> <li>Engineering Design Process</li> <li>Interpreting &amp; Analyzing Data</li> <li>Exposure to STEM Careers</li> </ul>	Counseling/ STEM/CTE
<b>Sustainability Foundations</b>	5-8	1	15 min	<ul style="list-style-type: none"> <li>Humans &amp; the Environment</li> <li>My Choices &amp; The Environment</li> </ul>	Science
<b>Plants, Animals, and Our World</b>	5-8	4	10 min/40 min	<ul style="list-style-type: none"> <li>Biodiversity &amp; Climate Change</li> <li>Human Health &amp; Animal Welfare</li> </ul>	Science

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<b>High School</b>					
<b>Venture</b>	7-10	4	25 min/2 hrs	<ul style="list-style-type: none"> <li>• Entrepreneurial Mindset</li> <li>• Building &amp; Managing a Business</li> </ul>	CTE
<b>Honor Code: Beyond Bullying</b>	8-10	5	15 min/1.5 hrs	<ul style="list-style-type: none"> <li>• Relationships &amp; Leadership</li> <li>• Resilience &amp; Courage</li> </ul>	Advisory/ Counseling
<b>Mental Wellness Basics</b>	8-10	4	20 min/75 min	<ul style="list-style-type: none"> <li>• Mental Health &amp; Coping Strategies</li> <li>• Symptoms, Disorders &amp; Illnesses</li> </ul>	Health/PE/ Counseling
<b>Vaping: Know the truth</b>	8-12	4	10 min/40 min	<ul style="list-style-type: none"> <li>• The Dangers of Vaping &amp; Nicotine</li> <li>• Refusal Skills &amp; Resources to Quit</li> </ul>	Advisory/ Health
<b>Prescription Drug Safety</b>	8-12	6	10 min/1 hr	<ul style="list-style-type: none"> <li>• Prescription Drug Basics</li> <li>• Science of Addiction &amp; Refusal Skills</li> </ul>	Health/PE/ Counseling
<b>AlcoholEdu</b>	9-12	5	25 min/3 hrs	<ul style="list-style-type: none"> <li>• Alcohol &amp; The Brain</li> <li>• Drinking Laws &amp; Common Myths</li> </ul>	Health/PE/ Counseling
<b>Healthcare Literacy Courses</b>	9-12	2 courses, 4 total lessons	15 min/1 hr	<ul style="list-style-type: none"> <li>• Making Healthy Choices</li> <li>• Navigating Medical Care</li> </ul>	Health/PE/ FACS/CTE
<b>EVERFI: Financial Literacy</b>	9-12	7	25 min/4 hrs	<ul style="list-style-type: none"> <li>• Credit Cards, Interest Rates, &amp; Taxes</li> <li>• Income, Saving, &amp; Budgeting</li> </ul>	Economics/ Finance/CTE
<b>Marketplaces: Investing Basics</b>	9-12	5	20 min/60 min	<ul style="list-style-type: none"> <li>• The Markets &amp; Personal Investments</li> <li>• The Economy &amp; Government</li> </ul>	Economics/ Finance/CTE
<b>Money Moves: Modern Banking &amp; Identity Protection</b>	9-12	4	20 min/75 min	<ul style="list-style-type: none"> <li>• Digital Banking &amp; Cash Apps</li> <li>• Avoiding Identity Theft &amp; Fraud</li> </ul>	Economics/ Finance/CTE
<b>Pathways: Financing Higher Education</b>	9-12	5	15 min/70 min	<ul style="list-style-type: none"> <li>• The True Cost of College</li> <li>• Student Loans &amp; Financial Aid</li> </ul>	Counseling/ Econ/CTE
<b>Data Science Foundations</b>	9-12	2 courses, 6 total lessons	15-30 min/2.5 hrs	<ul style="list-style-type: none"> <li>• Data Science Career Exploration</li> <li>• Using Data to Detect Banking Fraud</li> </ul>	Econ/Math/ CTE
<b>Keys To Your Future</b>	9-12	6	20 min/2 hrs	<ul style="list-style-type: none"> <li>• Exploring Career Paths</li> <li>• Soft Skills for Career Success</li> </ul>	Advisory/ CTE
<b>306: African American History</b>	8-12	15	10 min/2 hrs	<ul style="list-style-type: none"> <li>• Key Events, Individuals and Periods in African-American History</li> </ul>	Social Studies
<b>306: Continuing the Story</b>	8-12	4	15 min/1 hr	<ul style="list-style-type: none"> <li>• Black Business Titans</li> <li>• Black Contributions to Medicine</li> </ul>	Social Studies
<b>BINAH: Building Insights to Navigate Antisemitism &amp; Hate</b>	9-12	3	10 min/30 min	<ul style="list-style-type: none"> <li>• Antisemitic Acts - Then &amp; Now</li> <li>• Discrimination &amp; Allyship</li> </ul>	Social Studies

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